

Circle of Care News



Spring 2019 Vol. 53

Message from the Administrator



It's hard to believe that summer is just around the corner. Winter wasn't too bad, if you took February out of it. When I keep hearing about Global Warming I think, "Boy, these people need to come to Saskatchewan." I found it hard to believe that one day in February we were the coldest place on Earth. That is one record that I don't care to be known for.

All is well at Circle Drive Special Care Home. We survived the winter and now we are entering in to spring cleaning season. On May 7th we started the process of cleaning up all the gravel we put down during the winter; it sure seems like there is a lot more this year than last year.

We have had a changeover in our Accounting staff. After being with us for over 10 years, our accountant Linda made the decision to retire; her last day was at the end of April. We appreciate her years with us and wish her all the best in the years to come. Our new accountant, Jade, is not unfamiliar with Long Term Care, as she has been working in Long Term Care for over 10 years. We welcome her to our team and look forward to a long term working relationship with her.

We are only a month away from our Walk & Roll-a-Thon which is being held on Father's Day weekend. This year we continue to raise funds for the repairs needed to our C/D Solarium. The work involves reroofing and modifying the glass walls and ceilings so they don't leak every time it rains. This project should be commencing soon.

April 1st is the start of our new fiscal year in health care and the Ministry has promised new money in the budget and yes, there was. There was roughly \$200 million in new funding for Mental Health, the Children's Hospital and some Home Care programs, all important sectors of health care. Unfortunately, there was no new money allocated to Long Term Care so we continue to be mindful of our budget and trusting that we have no serious breakdowns in our equipment and facility. Please don't get me wrong, God has always provided for our home. So we will continue to pray and thank Him for His provision and

we will continue to be blessed by Him as we give Him all the glory.

Talk about being blessed, the Government came through this year with their Canada Summer Job Grant and they gave us funding for four students. We are hiring two Continuing Care Assistants, one Recreation Worker and one Food Services Worker to work with us this summer and that is wonderful for us and for them as they can earn money and experience towards their educational goals.

At Circle Drive Place, our sister operation, which is an independent living facility, things are going well. There are flooring projects happening this summer. Some high traffic areas are requiring a bit of tender loving care. This past September we accepted new applications through the month, something we haven't done for three years. The waiting list is back up to 250 active names. We have less than a 10% turnover on 102 suites so it does take a while to go through the list.

I would like to thank everyone for all you do to make our home a better place. Whether you volunteer time feeding or visiting with our residents or contribute financially, you are truly a blessing. My prayer for you is that God will bless you tenfold. Everyone have a great summer and please, be safe.

~ Clint Kinchen, Administrator



SAVE THE DATE

Come enjoy the comedy and musical talents of Martin Janovsky at our annual Harvest Dinner Gala on Friday, October 25. Call for tickets at 306 955 4800.

Circle Drive Special Care Home

3055 Preston Avenue Saskatoon, SK S7T 1C3 • Phone: (306) 955-4800 • Fax: (306) 955-2376
www.circledrivespecialcarehome.ca • Email: circlecare@saskatoonhealthregion.ca



News From Nursing

I have always been a proponent of lifelong learning. Lifelong learning is described as the pursuit of knowledge for either personal or professional reasons. As part of the learning process and experience, we enhance and develop both socially and personally. Circle Drive Special Care Home has also supported and embraced this philosophy as demonstrated by welcoming many students into our home.

For many years we have worked with eight to ten Pharmacy students during their fall practicum. The students are involved in many aspects of the activities of daily living of the residents. Their interactions go far beyond participating in activities; it involves spending quality time in conversation with the residents. The residents enjoy the special attention that comes out of building new relationships with younger people. Students also benefit from these interactions.

Last fall we were blessed by a nursing student named Kirsten Peters. Kirsten will be completing her last practicum in the RPN program. We were pleased that two of our Registered Nurses volunteered to be mentors for Kirsten. These two RN's have provided a role model for professional leadership, as well as facilitated the development of competencies and stronger interpersonal skills. Here is how Kirsten describes her experience at Circle Drive Special Care Home.

"During my time at CDSCH I have been blessed with two amazing preceptors. Having Milimo and Shantel help guide me and support me in my learning has been so incredible. The genuineness, compassion and patience of these two ladies has shown me the type of nurse I want to be. I wish all nursing students, RN, LPN, or RPN, could have the amazing experience that I have had here with my preceptors".

I pray that CDSCH will continue to be a positive influence in the lives of many more students. I would like to leave you with a quote that has meant a lot to me.

"The power of our mentors is not necessarily in the models of good teaching they gave us...Their power is in their capacity to awaken a truth within us, a truth we can reclaim years later by recalling their impact on our lives." Palmer, P. (1998) The Courage to Teach

Dianne Martin, Director of Care

Reflections from a Board Member

My name is Heather Schinmann and I have been a Board Member for the Care Home for the last year and a half. I am also an Instructor in the Continuing Care Assistant (CCA) Program at Sask Polytechnic. Recently I had the opportunity to bring eight of my students to do their Final Clinical rotation at the home. What a privilege it was to be able to witness all of the various departments working together to provide exceptional care to the residents who call Circle Drive home. Many of you already know that this care home has something special and unique that is not duplicated elsewhere. The strong spiritual presence is evident from the prayers that the nurses share with the staff during morning report, to the amazing care given by the compassionate CCA staff. The students said that the CCA staff they partnered with showed them kindness and patience, providing valuable knowledge to help the students learn the skills required to excel in their careers. We are so thankful and appreciative for the shared knowledge and amazing learning opportunities. The students had an incredibly positive experience, remarking that the staff at Circle Drive are the best they have ever had the opportunity to partner with.

Being able to witness Mark, the Physiotherapist, working with many of the residents to either regain or maintain their mobility was heartwarming. His patience and wonderful sense of humor made every resident feel valued and celebrated. I was also able to observe Colleen and her fantastic housekeeping and laundry staff who work so diligently every day to help keep Circle Drive sparkling clean – from squeaky clean floors to freshly washed linen and clothing. Circle Drive is one the few care homes that I am aware of that have trained their Housekeeping staff to assist with transfers and repositioning. This teamwork between departments is a valuable asset and helps to ensure timely care for the residents. Daily activities with Melanie and the Recreation staff provided stimulation and conversation between the residents, filling the day with games, crafts, laughter and joy. Jackie and Nadine, the hair stylists, kept all of the residents looking sharp and stylish, something they looked forward to on their appointment days. Marc's amazing Dietary staff provided delicious and nutritious meals each day and the dining room was a busy place at meal times.

Thank you again for this unique opportunity to work alongside the fantastic staff at Circle Drive. We pray God's richest blessings on all of the staff and residents at Circle Drive and look forward to returning again in the fall for our next clinical rotation.

Heather Schinmann RN





Have you seen it?! Did you know?!

Circle Drive Special Care Home has a Creative Art Wall! It is on the left hand side of the wall on C wing near the nurses' station.

We have already featured Arna Sollid's trendy Adult Coloring, Laird Mac Donald's Black Velvet Art and now...

Florence Mawson's water color display.

Be sure to stop by and enjoy the beautiful tranquility of Flo's art and, if possible, speak to the artist.

In the near future there will be a sign put up to accentuate and announce our Creative Art Wall.

If your loved one is a resident here and has any type of art, whether it be paintings, colouring, photography, crafts or any type of creative expression that you would like to display, please contact me. We would love to have the opportunity to honour the gifts and talents of those entrusted to our care.

Noreen Aasen, Spiritual Care Provider.



Recreation and Wellness

We have had many meaningful programs and outings over the past few months. In mid-January the residents and the Activity Department celebrated Delanie's baby boy, Noah, with a baby shower hosted by our residents. Noah showed his appreciation to us by giving us smiles and cuddles. Delanie is doing well and glowing as she showed off her precious boy. We love you, Noah. Welcome to the Circle Drive Family!

Our programming always features a variety of soloists and groups who come to share their musical talents with our residents. To those who share their gifts of music with us, a sincere "Thank you"! Your dedication in coming every month is commendable.

We've had many bus outings this winter. We've gone to the mall, to the movies and the Saskatoon Berry Barn. Spring is here and soon we will go to the greenhouse! Nothing gets us feeling the anticipation of springtime like the smell of fresh soil and newly opened flowers.

The residents have been busy planting grass this spring! Why would we do this? For centerpieces, of course! Our spring tea needed a touch of nature and our residents had their hand in making that happen. As well, we had residents making chow mein birds' nests to finish the centerpieces off. These were a big hit!

The residents really enjoy special events such as Valentine's Day Tea, St. Patrick's Day Tea, Chinese Lunch and Valentine's Couples lunch and we love planning them!

We have been blessed in Activities with Parwinder, a recreation student. He has built significant relationships with many of residents and has been actively contributing to programming. He created a special program entitled, "Remembering the Good Old Days" where he had the residents reminiscing about horses, naming parts of the horse and learning some interesting facts about horses. Parwinder has a natural way of connecting with our residents and we will all miss him very much as his last day approaches. Hopefully, this isn't good-bye, but Auf Wiedersehen, which is German for see you later!

I had the privilege of attending Music Care Training in Saskatoon. Music Care is an approach to care which anyone can use in their care settings. Music has positive effects on all the domains of health: physical, emotional, social, mental and spiritual. Using music to gain these positive results needs to be intentional and comes out of relationship building. As the weeks and months go by, I will be going forward with very specific music related initiatives. I look forward to seeing the results of these new initiatives, and sharing how music has enhanced life at Circle Drive Special Care Home!

Love and Blessings to you from all of us in Activities!

-Submitted by: Melanie Effa (A.R.C.T/ R.M.T. / T.R. Diploma)

Information on Music Care for this article found in: Hand Book- Music Care Training Level 1- The Fundamentals of Music Care: Theory and Context



Walk & Roll-a-thon



Saturday, June 15th

Rain or shine

Registration 8:00 am
3065 Preston Avenue



Entertainment by Mr. Music
Ralph Galambos

Door prizes!

Call 306 955 4800 for further
information

8:00 a.m.
Walkers and rollers begin
8:30 to 10:30 a.m.
Pancake breakfast

Raising funds for the
CD Solarium renovation



In Loving Memory

Lawrence Obrigewitsch
Mary Johnsrude
Maggie Leung
George Wamsley
Daphne Chase
Blanche Raskob
Jane Bates
Esther Magnus

Walter Hrychuk
Norma Karlenzig
Bertie Cash
Tina Peters
Frieda Dick
Sharon Hodges
Elmer Harder
Beulah Barrington

Welcome to Your New Home!

Laird MacDonald
Elizabeth Fischer
Helen Craig
Norman Ens
Carrie Prosser
Edna B. "Retta" Taylor
Susan Hildebrandt
Margaret Cugnet

Edith Daniels
Henry Reddekopp
Winnifred Howard
Chung Wong
Helen Friesen
Helen Unrau
Audrey Bueckert
Mary Anderson

If you have a gently used MP3 player that
you are willing to donate for our residents'
use, please contact Noreen at 306.955.4800

LEAVING A LEGACY TO CIRCLE DRIVE SPECIAL CARE HOME

(Charity #106929128RR0001)

- ☐ Please contact me about making a planned gift (through will, life insurance, stocks, RRSPs, trusts).
- ☐ Please contact me about becoming a monthly donor.
- ☐ I wish to make a donation toward resident care of \$50 \$100 \$500 \$1000 \$_____
- ☐ You have my permission to publish my name as a donor.
- ☐ Please email newsletters to me.

Name: _____

Mailing Address: _____ Postal Code: _____

Telephone: _____ Email: _____

Clip and mail form to Circle Drive Special Care Home or drop it off on your next visit.

Karen Lilly, Community Services Coordinator
3055 Preston Avenue, Saskatoon, SK S7T 1C3
Phone 306 955 4800 ext. 23 Email: karen.lilly@saskhealthauthority.ca

Thank you for your support!

Our Mission: Circle Drive Special Care Home commits to honouring the spiritual, physical, mental, emotional and social needs of those entrusted to our care, in a Christian spirit.